

# ***PREVENTION...WHAT'S THE 4-1-1?***

## **NATIONAL DRUNK AND DRUGGED DRIVING PREVENTION MONTH**

- Impaired driving continues to be one of the deadliest crimes in America.
- Drunk and drugged drivers cause more than 17,000 Americans to die each year on the roads and highways.
- According to the Centers for Disease Control and Prevention (CDC), impaired driving will affect 1 in 3 Americans during their lifetime.
- 41% of all traffic crashes are alcohol-related.
- Every 48 minutes, an individual dies in an alcohol-related traffic crash.
- Every 2 minutes, an individual is hurt in a nonfatal injury caused by an alcohol-related accident.
- Annual costs of alcohol-related crashes totals to more than \$51 billion.
- Drugs other than alcohol (e.g., marijuana and cocaine) have been identified as factors in 18% of motor vehicle deaths.
- Tips to stay safe: Plan ahead. Have a designated driver for any party or celebration. Take the keys. Do not let a friend drive if they are impaired. Be a helpful host. Always be sure to offer alcohol-free beverages, not just alcoholic beverages.

*Take care of your body. It's the only place you have to live. ~Jim Rohn*



Division of Mental Health  
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