

Prevention... What's the 4-1-1?

About one in five U.S. adult cigarette smokers have tried an electronic cigarette



Kick Butts Day
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According to a study released by the Centers for Disease Control and Prevention (CDC), in 2011 about 21% of adults who smoked traditional cigarettes had also used electronic cigarettes, up from 10% in 2010. Overall, about 6% of all adults have tried e-cigarettes. During 2010-2011, adults who have used the e-cigarettes increased among both males and females, non-Hispanic whites, those individuals aged 45-54, individuals living in the South, as well as current and former smokers. In 2010 and 2011, e-cigarette use was significantly higher among current smokers compared to former smokers and those who never smoked. Awareness of this particular type of cigarette use rose from about 4 in 10 adults in 2010 to 6 in 10 adults in 2011.

CDC Director Tom Frieden, stated “E-cigarette use is growing rapidly. There is still a lot we don’t know about these products, including whether they will decrease or increase the use of traditional cigarettes.” Tim McAfee, Director of the Office on Smoking and Health at the CDC mentioned “If large numbers of adult smokers become users of both traditional cigarettes and e-cigarettes—rather than using e-cigarettes to quit cigarettes completely—the net public health effect could be quite negative.

*Source:Centers for Disease Control and Prevention (CDC) Newsroom, February 28, 2013
http://www.cdc.gov/media/releases/2013/p0228_electronic_cigarettes.html

No man was ever wise by chance. ~Seneca



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