

# 2011 State Profile — Alabama

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Alabama, 147 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 15,924 clients in substance abuse treatment on March 31, 2011. The survey response rate in Alabama was 95.6%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	91	61.9	5,927	37.2	724	92.0
Private for-profit	41	27.9	8,386	52.7	63	8.0
Local, county, or community government	7	4.8	843	5.3	0	0.0
State government	1	0.7	38	0.2	0	0.0
Federal government	7	4.8	730	4.6	0	0.0
Dept. of Veterans Affairs	5	3.4	680	4.3	0	0.0
Dept. of Defense	2	1.4	50	0.3	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>15,924</b>	<b>100.0</b>	<b>787</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	103	70.1	12,601	79.1	545	69.3
Mental health services	8	5.4	72	0.5	2	0.3
Mix of mental health & substance abuse treatment services	33	22.4	3,040	19.1	240	30.5
General health care	3	2.0	211	1.3	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>15,924</b>	<b>100.0</b>	<b>787</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	119	83.8	4,755	29.9	118
Clients with drug abuse only	124	87.3	9,810	61.6	260
Clients with alcohol abuse only	103	72.5	1,359	8.5	34
<b>Total<sup>2</sup></b>	<b>142</b>		<b>15,924</b>	<b>100.0</b>	<b>412</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

5

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>121</b>	<b>82.3</b>	<b>14,882</b>	<b>93.5</b>	<b>61</b>	<b>665</b>	<b>84.5</b>
Regular	77	52.4	1,859	11.7	5		
Intensive	86	58.5	5,050	31.7	35		
Day treatment/partial hospitalization	14	9.5	237	1.5	9		
Detoxification	15	10.2	41	0.3	0		
Methadone maintenance	23	15.6	7,695	48.3	280		
<b>Residential (non-hospital)</b>	<b>30</b>	<b>20.4</b>	<b>998</b>	<b>6.3</b>	<b>28</b>	<b>122</b>	<b>15.5</b>
Short term	16	10.9	428	2.7	19		
Long term	19	12.9	513	3.2	21		
Detoxification	4	2.7	57	0.4	12		
<b>Hospital Inpatient</b>	<b>8</b>	<b>5.4</b>	<b>44</b>	<b>0.3</b>	<b>3</b>	<b>0</b>	<b>0.0</b>
Treatment	6	4.1	19	0.1	2		
Detoxification	7	4.8	25	0.2	3		
<b>Total</b>	<b>147</b>		<b>15,924</b>	<b>100.0</b>	<b>52</b>	<b>787</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>20</b>	<b>1.7</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	7,530	99.2
Buprenorphine	60	0.8
<b>Total</b>	<b>7,590</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	139	94.6
Private health insurance	87	59.2
Medicare	39	26.5
Medicaid	80	54.4
Other State-financed health insurance	51	34.7
Federal military insurance	58	39.5
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	1	0.7
No payment accepted	1	0.7
Accepts other payments	0	0.0
Sliding fee scale	89	60.5
Treatment at no charge for clients who cannot pay	81	55.1

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	145	98.6
State substance abuse agency	123	83.7
State mental health department	114	77.6
State department of health	27	18.4
Hospital licensing authority	12	8.2
The Joint Commission	30	20.4
CARF <sup>2</sup>	23	15.6
NCQA <sup>3</sup>	4	2.7
COA <sup>4</sup>	2	1.4
Other State/Local Agency/Org	0	0.0

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	96	65.3

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>143</b>	<b>97.3</b>
Screening for substance abuse	140	95.2
Screening for mental health disorders	77	52.4
Comprehensive substance abuse assessment or diagnosis	125	85.0
Comprehensive mental health assessment or diagnosis	48	32.7
Screening for tobacco use	38	25.9
Outreach to persons in the community who may need treatment	84	57.1
Interim services for clients when immediate admission is not possible	68	46.3
<b>Testing</b>	<b>144</b>	<b>98.0</b>
Breathalyzer or blood alcohol testing	94	63.9
Drug or alcohol urine screening	139	94.6
Screening for Hepatitis B	24	16.3
Screening for Hepatitis C	25	17.0
HIV testing	33	22.4
STD testing	21	14.3
TB screening	55	37.4
<b>Counseling</b>	<b>147</b>	<b>100.0</b>
Individual counseling	143	97.3
Group counseling	144	98.0
Family counseling	133	90.5
Marital/couples counseling	86	58.5
<b>Transitional Services</b>	<b>147</b>	<b>100.0</b>
Discharge planning	143	97.3
Aftercare/continuing care	133	90.5
<b>Pharmacotherapies</b>	<b>64</b>	<b>43.5</b>
Medications for psychiatric disorders	43	29.3
Nicotine replacement	14	9.5
Campral <sup>®</sup>	19	12.9
Antabuse <sup>®</sup>	14	9.5
Naltrexone (oral)	16	10.9
Vivitrol <sup>®</sup> (injectable Naltrexone)	12	8.2
Buprenorphine	20	13.6
Subutex <sup>®</sup> or generic	9	6.1
Suboxone <sup>®</sup>	20	13.6
Methadone	20	13.6
Non-nicotine smoking/tobacco cessation medications	8	5.4
<b>Ancillary Services</b>	<b>147</b>	<b>100.0</b>
Case management services	108	73.5
Social skills development	97	66.0
Mentoring/peer support	55	37.4
Child care for clients' children	10	6.8
Assistance with obtaining social services	65	44.2
Employment counseling or training for clients	43	29.3
Assistance in locating housing for clients	47	32.0
Domestic violence	34	23.1
Early intervention for HIV	37	25.2
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	112	76.2
Hepatitis education, counseling, or support	53	36.1
Health education other than HIV/AIDS or hepatitis	69	46.9
Substance abuse education	145	98.6
Transportation assistance to treatment	31	21.1
Mental health services	67	45.6
Acupuncture	1	0.7
Residential beds for clients' children	4	2.7
Self-help groups	72	49.0
Smoking cessation counseling	27	18.4

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	443	98.9
Relapse prevention	431	96.2
Cognitive-behavioral therapy	430	96.0
12-step facilitation	224	50.0
Motivational interviewing	402	89.7
Anger management	368	82.1
Brief intervention	294	65.6
Contingency management/motivational incentives	245	54.7
Trauma-related counseling	311	69.4
Rational emotive behavioral therapy (REBT)	160	35.7
Matrix model	164	36.6
Community reinforcement plus vouchers	120	26.8
Other treatment approaches	84	18.8

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	53	5
Number of clients <sup>2</sup>	1,624	64
Number of designated beds	1,529	82
Utilization rate (%)	106.2	78.0
No. of designated beds/facility (avg.)	29	16

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

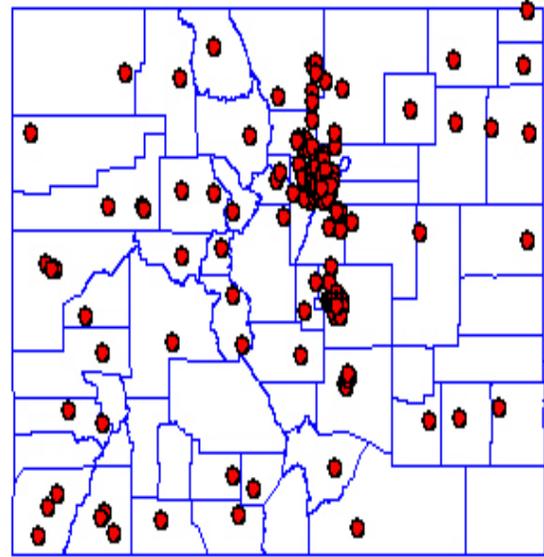
	Facilities	
	No.	%
Any program or group	422	94.2
Co-occurring disorders	179	40.0
Adult women	147	32.8
Adolescents	170	37.9
DUI/DWI offenders	305	68.1
Criminal justice clients	234	52.2
Adult men	116	25.9
Pregnant or postpartum women	58	12.9
Persons with HIV or AIDS	33	7.4
Seniors or older adults	36	8.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	42	9.4
Other groups	54	12.1

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	79	17.6
Any language other than English	139	31.0
<b>Non-English Language Provided by:</b>		
On-call interpreter only	8	5.8
Staff counselor only	89	64.0
Both staff counselor and on-call interpreter	42	30.2
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	128	97.7
American Indian/Alaska Native languages	0	0.0
Other	15	11.5

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's  
 Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>