

Community Services for Aug. 17

Times Staff Report

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MENTAL HEALTH AMERICA OF ETOWAH COUNTY offers stress and anger management, domestic violence prevention and parenting classes for adults at the Robert Echols Family Success Center, 821 E. Broad St. The parenting classes are at 5 p.m. on Wednesdays. The eight-week program provides a practical approach to parent-child relations and uses the S.T.E.P. Parent Handbook. The stress and anger management classes are at 6 p.m. on Tuesdays. The six-week program is designed to help participants learn healthy ways to deal with stress in their lives and techniques to control anger. The domestic violence prevention classes are at 7 p.m. on Tuesdays. The six-week program is designed to help participants change destructive and violent behavior patterns and to influence healthy attitudes through information, intervention and involvement with the group. The registration fee for each class is \$80, and certificates will be awarded on completion. The instructors are Alicia Harrell and Kelly Clark. For more information, call 256-547-6888, ext. 115.

OVEREATERS ANONYMOUS meets from 5:30 p.m. to 6:30 p.m. Thursday at Rainbow City Library. Call 256-442-1748.

STROKE SUPPORT GROUP meets at 1:30 p.m. the second Tuesday of each month at HealthSouth Rehabilitation Hospital of Gadsden, 801 Goodyear Ave. For information, contact Katie Baker, RN, 256-439-5000.

VOLUNTEERS NEEDED FOR HOSPICE AND ADMINISTRATIVE SUPPORT. SouthernCare is looking for compassionate people to provide volunteer services to our patients in Etowah and the surrounding counties. Volunteers are needed to sit with patients and provide companionship, run errands and do light housekeeping and cooking. Administrative volunteers are also needed to work in our office answering phones, filing, making copies and for other general office duties. If you or someone you know is interested in becoming a part of our volunteer team, please contact Heather Attaway or Angela Goza at 256-546-5566 or angela.goza@southerncaresinc.com.

Al-Anon Family Groups, a fellowship of relatives and friends of alcoholics and addicts who share experiences, strength and hope in order to solve common problems, meet at 7 p.m. Mondays in Rainbow City (lhware1@yahoo.com or 256-442-8697); at 7:30 p.m. Tuesdays in Attalla (cebaker1@bellsouth.net or 256-442-7056); and at noon Thursdays at Gadsden State Community College (256-438-4045).

GRIEFSHARE meets at 7 p.m. the last Monday of each month at MeadowBrook Baptist conference center. For information, call Van Lockridge, 256-442-3550; at 6:30 p.m. Mondays at HarvestField Church, 4533 Rainbow Drive. The group is open to new participants at any time. For information, call Mary Whorton, 256-442-9361.

Celebrate Recovery meets at 6:30 p.m. Tuesdays in Bellevue United Methodist Church, 209 Mary Lou Circle, near Noccalula Falls, 256-490-2362; Fridays in CrossPoint Community Church, 2730 Wills Creek Road, 256-546-9236, where a meal is served at 5:15 p.m. for \$3 and the large group meeting starts at 6:15 p.m.; at 5:45 p.m. Sundays in North Glencoe Baptist Church, 1119 Chastain Blvd., 256-492-1910 or 256-390-5177, Don Colvin; Thursdays at Gadsden Christian Fellowship, 719 Nunnally Ave., Gadsden, where dinner is served at 5:45 p.m. for a cost of \$3 and the meeting begins at 6:30 p.m., Wes Gilchrist, 256-312-4439, or Thomas Bragg, 256-591-3873; at 6:30 p.m. Mondays in East Gadsden Church of God, 105 Elmwood Ave., across from Aldi, 256-546-9732; Fridays at The Gathering, 530 Chestnut St. (corner of South Sixth and Chestnut streets), meal is served at 5:30 p.m. for \$3, large group meets at 6:30 p.m. and small groups meet at 7:30 p.m., Steven Brewster, 256-490-0872.

“THAT’S NOT A WORD,” a game designed to increase focus, critical skills and vocabulary, will be offered to players at several sites throughout Etowah County: 10 a.m. to noon Mondays at the Gadsden Senior Activity Center; 9 a.m. to 11 a.m. Tuesdays at Carver Nutrition Center in Gadsden; 3 p.m. to 5 p.m. Wednesdays at the Gadsden Public Library’s East Gadsden branch; 9:30 a.m. to 11 a.m. Thursdays at Carnes Recreation Center in Attalla; and 3 p.m. to 5 p.m. Thursdays at the Boys & Girls Club of Gadsden/Etowah County. The game was invented by Gadsden resident Richard Edwards.

REJOICING IN RECOVERY, a faith-based addictions group, meets every Monday at 6:30 p.m. at Flow of the Spirit Church, 90 Sheffield Drive, Ashville. For more information, call Michael Giles, 205-240-4801.

JOURNEY THROUGH THE VALLEY grief support group, sponsored by Lawley Premier Hospice Care, meets from 5:30 p.m. to 6:30 p.m. the first and third Tuesday

each month at 101 Church St., Rainbow City. For more information, call Dave Roberts, 256-467-3568.

NAMI Centre-Gadsden meets monthly at 6 p.m. on the second Tuesday of each month at First United Methodist Church, 115 S. Fifth St., Gadsden. For information, call Carol Foster, 256-441-4435, or Patti Ford, 256-927-0453.

A support group for people with HIV or AIDS and their families or loved ones meets from 7 p.m. to 8 p.m. Thursdays. Call 256-546-4465.

DEMENTIA SUPPORT GROUP, facilitated by SouthernCare Hospice, meets the second and fourth Tuesday of each month at 3 p.m. at Gadsden Health & Rehab Center, 1945 Davis Drive, Gadsden, on 800 Hall. For information, call Jane Sims, 256-5566.

BEREAVEMENT MANAGEMENT/GRIEF SUPPORT GROUP, provided by Gadsden Regional Hospice, meets at 2 p.m. every Tuesday in the offices of Gadsden Regional Home Health and Hospice in the Attalla Industrial Park, No. 82 Industrial Blvd. For information, call 256-538-7460.

NAMI CONNECTION is a weekly support group that meets each Thursday at the Tyler Center (731 Leighton Ave.) in Anniston. The group meets from 1 p.m. to 2:30 p.m. NAMI Connection is for people living with a mental illness. People will learn from each others' experiences, share coping strategies and offer each other encouragement and understanding. The group is led by two people who live with mental illness themselves and have been trained to lead the group. NAMI is the National Alliance on Mental Illness. For more information, call 256-452-9676.

Take Off Pounds Sensibly meetings are: Gadsden Chapter No. 380, 10 a.m. Tuesdays, East Gadsden Community Center, 256-878-6526; Chapter No. 255, 6 p.m. Tuesdays, 3200 West Meighan Blvd., Etowah County Coop Building, 256-547-7889; and Chapter No. 547, 1 p.m. Tuesdays, George Wallace Senior Center in Glencoe, 256-492-4911; Albertville No. 564, 5:30 p.m. Tuesdays, First Church of the Nazarene, Boaz, 256-891-3496.

COOSA VALLEY CODERS Chapter meets the third Monday of each month beginning at 6 p.m. at Gadsden Regional Medical Center. Contact Karen Bradford at 256-442-4141 for more information.

SMALL BUSINESS OWNERS, existing or prospective, can register for free one-on-one counseling offered by the Jacksonville State University Small Business Development Center, the Small Business Administration and the Chamber of

Gadsden and Etowah County. Appointments are available between 1 p.m. and 4 p.m. the second and fourth Wednesdays of each month in the Chamber office. Appointments are required. This is not a seminar. Call 256-543-3472.

Parents, Families and Friends of Lesbians and Gays, Gadsden-Anniston chapters, meet at 6:30 p.m. the third Thursday of the month. Call 256-393-9119.

Christians Against Substance Abuse, a 12-step program, is at 6 p.m. Mondays for women and 6 p.m. Thursdays for men in Rainbow Church of Christ, 2201 Rainbow Drive. Call 256-547-3731.

A family life counseling group sponsored by Charis Ministries meets at 10:30 a.m. Saturdays. Call the Grace Place, 256-494-1671.

THE NORTHEAST ALABAMA GENEALOGICAL SOCIETY and the ALABAMA CITY HISTORICAL SOCIETY are working on the preservation and maintenance of Clayton Cemetery. The NE Genealogical Society is in the process of publishing a book on Clayton Cemetery. The Society is interested in obtaining any history on the cemetery and information on those buried there. If you have information to share or would like to donate to the maintenance project, contact Julia Young, 256-504-1485, RoseMary Hyatt, 256-490-4683, or Sherry Underwood, 256-490-5286.

THE SENIOR ACTIVITY CENTER has free exercise on Monday, Tuesday, Thursday and Friday. Line dancing is at 4:30 p.m. Mondays. For information, call 256-549-4740.

GADSDEN HEAD START PROGRAM is accepting pregnant women in its Early Head Start Program. Ongoing training with pregnant mothers and family members will include fetal development, the effects of smoking, alcohol and drugs on the unborn child, body changes and pregnancy, labor and delivery and more. Additional information may be picked up at the Gadsden Head Start Program, 513 Henry St.

THOMPSON COMMUNITY CENTER senior exercise group meets Monday, Tuesday and Thursday at 1:30 p.m. For information, call Janet Simmons, 256-549-4738.

Caring people are needed to become volunteers for Comfort Care Hospice. Call Heather Attaway, 256-547-3050.

Volunteers are needed for Horses Offering People Hope, an equine therapy program offered by Footprints of Hope. Both Equine Assisted Growth and Learning Association and natural horsemanship volunteers are welcome. All prospective volunteers must be drug free. Call Mary Kay Tortoriello, Cross T Ranch,

256-892-9267 or visit footprintsofhope.com.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS FAMILY HISTORY CENTER, 2001 NOCCALULA ROAD, is open from 4:30 p.m. until 7:30 p.m. Wednesdays and by appointment Saturdays. The center number is 256-546-0746. The director's number is 256-538-5973.

NICHOLS MEMORIAL LIBRARY is open from 10 a.m. to 3 p.m. Thursdays for anyone interested in family history research. The library contains genealogical information and family files from all areas of Alabama, Georgia, North and South Carolina, Tennessee, Virginia and other states. Military records and Native American research books are available for research. For information, call Leon Young, 256-547-8477, or Harold Batie, 256-492-2739.

CROSS T RANCH ministry helps kids/teens learn basic horsemanship, self-control, anger management and respect for others. It's good for kids with ADD, oppositional defiant disorder, reactive attachment disorder and peer pressure and conflict resolution issues. Call 256-892-9267 for more information, or visit footprintsofhope.com

"BULLY IN THE BARN," an eight-week program for kids who are bullied or are prone to bully, is registering now at 256-892-9267. Call Mary Kay Tortoriello, program director.

CHRISTIAN MEN'S PRAYER BREAKFAST of Gadsden Regional Medical Center meets the first Thursday of each month beginning at 7 a.m. Contact Jack Campbell at 256-547-7830 for more information.

GRMC has free childbirth classes from 9 a.m. to 3 p.m. the first Saturday of every month in the Gadsden Regional Room of Building 500 on the Gadsden Regional Medical Center campus. Classes will run Feb. 1 through Dec. 6. Breakfast and lunch are provided and attendees will receive free samples and door prizes. Mothers who plan to deliver at GRMC are welcome to attend and may bring along a guest. To register to attend or for information, call 256-494-4650.

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