

THE CHARGER TIMES

THE STUDENT NEWS SITE OF THE UNIVERSITY OF ALABAMA IN HUNTSVILLE



Search Search

Search

- [Home](#)
- [Staff](#)
- [About](#)

- [Features](#)
- [Sports](#)
- [Campus Events](#)
- [Academics](#)
- [Graduate Studies](#)
- [Student Profiles](#)

Mental Health Awareness Coming to UAH



[Laura Martin](#), Staff Writer

March 12, 2015

Filed under [Campus Events](#)

The University of Alabama in Huntsville will have two events this week to bring mental health awareness to its students. The Alive! Mental Health Fair and the HOPE Lives On 5K Walk/Run will take place on campus and members of UAH are encouraged to attend. Each event is looking for volunteers as well as participants.

On Thursday, April 2, 2015 from 10 a.m. to 2 p.m., the Alive! Mental Health Fair will be at The University of Alabama in Huntsville, inside Charger Union. The event is being hosted by the Kristin Brooks Hope Center, a non-profit organization focused on suicide prevention, awareness, and education. The Alive! Mental Health Fair is one of their many college campus awareness events. The fair will include a variety of activities, including a hands-on graffiti art exhibit, two documentaries, a Create-Your-Own-Secret exhibit, and a one hour QPR (Question, Persuade, Refer) Suicide Prevention training session. A keynote address will be given by the Kristin Brooks Hope Center's current President of the Board and CEO, Reese Butler.

For an exact list of events, visit the fair's webpage at: hopeline.com/alivemhf.html. To volunteer for the event, follow this link signupgenius.com. For further information regarding the Kristin Brooks Hope Center, their programs, their resources, or to make a donation, their website is hopeline.com.

Following this event, the UAH HOPE campaign will be hosting their Hope Lives On 5K Walk/Run on Saturday, April 4, 2015, beginning at 9 a.m.. The HOPE campaign is an initiative funded by a Garrett Lee Smith Memorial Act grant with the purpose of providing campuses and other organizations with the opportunity and support to promote suicide prevention. Their main goal is to lower the suicide risk through various educational activities. The

5K will not only serve to raise awareness but will also raise funds for two local organizations – the American Foundation for Suicide Prevention’s Alabama Chapter and Crisis Services of North Alabama. There is a \$15 registration fee, all of which will be donated to these suicide prevention efforts.

To register for the 5K, to learn more about the event and organization, and for further questions, the HOPE 5K webpage is at uahuntsvillehope.com/hope-lives-on-5k. To volunteer, go to signupgenius.com.

Advertisement - SNO Ad Network



[The Charger Times](#)



The student news site of The University of Alabama in Huntsville

Search Search

Search

© 2015 • [FLEX WordPress Theme](#) by [SNO](#) • [Log in](#)