

Project Rebound

Published: 4/20 5:29 pm

Updated: 4/20 5:31 pm

Related Stories:

[Students and schools remembered](#) |  [Video](#)

[Coyote Spotted in Neighborhood](#) |  [Video](#)

[Pratt City: One Year Later](#) |  [Video](#)

[NOAA and FEMA team up to save lives](#)

[April 27, 2012 - A "Day of Remembrance"](#)

[Nursing Homes Ready for Disasters?](#) |  [Video](#)

[Dealing with the emotions one year later](#) |  [Video](#)

[UA plans day of service](#)

ADMH WANTS TO REMIND ALABAMIANS ABOUT PROJECT REBOUND AS STATE APPROACHES ONE-YEAR ANNIVERSARY OF DEADLY TORNADO OUTBREAK

MONTGOMERY – As the one-year anniversary of the April 2011 storms approaches, ADMH wants to remind communities that Project Rebound is available to assist with the recovery journey. April 27th will be a difficult day for many Alabamians. As communities heal physically, the upcoming anniversary may bring mixed emotions. Although there may be a sense of closure, many can also experience grief. Remembrance can be a painful part of the recovery process, but it is also a time to look forward and begin to make plans for a brighter tomorrow.

Lisa Turley, program director for Project Rebound's tornado response, says, "Project Rebound is still here and available to help. The simple act of talking about your feelings can be very healing. We would like to encourage people to call us if they need support. We are here to help." Project Rebound team members can be reached by calling the 24 hour/7 day a week hotline at 1-800-639-REBOUND. Through the 1-800 number, Project Rebound can link survivors to a local team in their community. They can also provide emotional support, education and linkage to recovery resources.

ADMH initiated Project Rebound in partnership with community organizations to provide counseling and assistance in the aftermath of major disasters. Services are free, community-based and anonymous. Currently, Project Rebound has local teams serving 25 counties across the state of Alabama. Assistance is also available through the Project Rebound website, found at www.projectrebound.org.

We Recommend

- [Protesters rally outside Hank, Jr. concert \(CBS 42\)](#)
- [Drunk driver kills 20 year old. Must wear sign. \(CBS 42\)](#)
- [Possible U.S. Extradition for Joran van der Sloot \(CBS 42\)](#)
- [Two Alabama schools named "Green Ribbon" \(CBS 42\)](#)
- [World Record picnic attempt \(CBS 42\)](#)

More From The Web

- [Mega Millions 'Winner' Is Already Looking Like Another Lotto Tragedy \(The Stir By CafeMom\)](#)
- [Heidi Klum and Seal's Unusual Marriage, Revealed \(Zimbio\)](#)
- [Pigeon Shooters Blast Animal-Rights Drone From Sky \(TakePart\)](#)
- [Deadly Women: Cougar Seduces, Tortures and Kills Men !\[\]\(fbea698cdd18bad28d8e6b87acf959be_img.jpg\) \(Investigation Discovery Videos\)](#)
- [Epic Manhunt in Grand Canyon \(Travel Channel\)](#)

[?]

Sponsored Links



How Bad Is Your Heart?

Discover your risk of heart attack in minutes with online heart test.
SimpleHeartTest.com

iPAD NEVER Needs Charging

OTCBB: DOMK launches amazing new solar charger sleeve for the iPad.
www.SolarWerks.com

BlackBerry® Official Site

Discover the best experience yet on an enhanced lineup of smartphones.
BlackBerry.com

[Buy a link here](#)