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Teens more likely to smoke and drink during summer months

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Students have been out of school now for several weeks. And, if you aren't keeping them busy many, may find their own form of entertainment. The U.S. Substance Abuse and Mental Health Services Administration released some pretty staggering statistics.

You can't stop being a parent just because it's summer. Knowing where your teenagers are and what they're doing is your best shot at keeping them away from drugs and alcohol.

More teenagers try marijuana, alcohol, or cigarettes for the first time in June and July than any other time of year.

"When you think about your summer months and you really think about teenagers, they're old enough that many times they are left at home. Parents are working so there's a lot of free time and usually a lot less supervision," said Carol Williams, project coordinator for Shelby County's Drug Free Coalition.