

MADISON COUNTY 310 BOARD

MADISON COUNTY THREE YEAR PLAN

FOR SERVICES

FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES

2016 TO 2018

August 2015

MADISON COUNTY
PLAN FOR SERVICES
2016-2018

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MADISON COUNTY THREE YEAR PLAN 2016 - 2018

SECTION I

Introduction

The Madison County 310 Board is a public non-profit agency which was established by the City of Huntsville and Madison County in 1990. The organization was created under Act 310 of the 1967 Regular Session of the Alabama Legislature. This Act gives the Board authority to establish and maintain programs to provide services to persons with intellectual disabilities.

The Madison County 310 Board has worked with consumers, parents, advocates, services providers, and school systems to develop this Plan of Services for the next three years. Efforts have focused on a plan that is consumer/family driven, and addresses the needs of people with intellectual disabilities.

The following statements have been established:

- As of 2014, the Madison County area had an estimated population of over 350,299. The population is growing at a rate of about 1.15 % per year with a median household income of \$58,434.
- The services that are now available in Huntsville and Madison County are not adequate for current or future needs but can be developed with adequate funding.
- Program funding guidelines such as the Medicaid Home and Community Based Waivers must be made flexible enough to encourage movement within the service delivery system.
- Funding resources must be made available for those individuals not eligible for programs provided through Medicaid Waivers.

SECTION II

MISSION STATEMENT

It is the mission of the Madison County 310 Board (MC 310 Board) to promote the general welfare of each intellectually disabled person in Madison County by facilitating needed services and programs. These programs will allow the individual, or his/her family or guardian, to choose living, working, educational, or recreational options that are safe and effective, and that are provided within the local community.

Implied in the mission statement are the following Principles of Services:

1. Persons who have intellectual disabilities should be provided the supports and services needed to lead self-sufficient lives, hold jobs, participate in community life, and exercise personal choice.
2. Assistance to access a variety of services should be available within the local community to meet the needs of most individuals.
3. Supports and services that are publicly funded should complement, not displace, the natural support networks. These include family, friends, schoolmates, co-workers, and neighbors. Building on natural supports is the most powerful and effective means of assisting persons with disabilities.
4. The range of services available should enable the individual to make choices that are personalized, effective, and economical.
5. Services shall promote maximum integration of people with developmental disabilities into all aspects of community life. Personal economic independence, productivity, and self-sufficiency shall be promoted.
6. Efforts shall be made to have appropriate governmental agencies provide persons with intellectual disabilities effective personal security including the right to live and work in a safe and secure environment, reliable health services, and protection from abuse/neglect and economic exploitation.
7. Service systems should attempt to ensure that the human, civil, and legal rights of persons with intellectual disabilities are recognized, protected, and respected.

SECTION III

VISION STATEMENT

1. To act as the single-point of entry in Madison County for individuals with intellectual disabilities who are seeking services.
2. To access needed services for as many eligible individuals as possible.
3. To monitor existing services for quality and ensure their health and safety.
4. To support providers in the development of new services/resources based on the needs of the individuals the agency serves.

SECTION IV

AGENCY GOALS

1. MC 310 Board plans to access and facilitate needed services for as many eligible individuals as possible as directed by the Department of Mental Health.
2. MC 310 Board will assist all families and individual who are seeking services in Madison County through the utilization of a full time staff position (Single Point Coordinator - SPC). This position is fully funded through the auspices of the Huntsville City Council and the Madison County Commission. The primary role is to assist families with enrollment to the DMH Statewide Waiting List. This includes items such as intake appointments, collection of documentation, and completion of assessments necessary to meet DMH eligibility requirements. Once the individual is on the waiting list, the SPC maintains contact and updates information as needed to ensure appropriate placement on the Waiting List. The SPC also maintains relationships with other agencies such as ADRS, 3 school systems, DHR and other local resources to assist the individual in integrating and participating in their community. The SPC provides information, identifies resources and makes referrals to other community agencies/services as needed and also maintains a resource manual to assist individuals, families, and providers.
3. MC 310 Board will monitor existing Waiver services through case management. Consumer satisfaction surveys will also be sent to individuals/families to determine their satisfaction with case management services. A needs assessment survey for those waiting for services will be conducted by the Single Point Coordinator to assess an individual's current and future needs.

4. MC 310 Board will provide support to providers to maintain and improve existing programs through dissemination of information and provide technical assistance as requested.

SECTION V

SERVICE PHILOSOPHY

1. Individuals with intellectual disabilities are recognized as persons with basic human needs, aspirations, desires, and feelings. They are citizens of our community who have all the rights, privileges, opportunities and responsibilities given to other citizens.
2. Family units, both traditional and nontraditional, are frequently the most important resource and support to individuals with intellectual disabilities.
3. Informed choices made by consumers and their families/advocates, as well as their rights, values, and needs, are of primary concern in the development and operation of services.
4. Services must show sensitivity to members of minority or ethnic groups, elderly persons, or individuals with multiple disabilities such as autism, cerebral palsy, epilepsy and mental illness.
5. Local communities are the most knowledgeable regarding their local environment, available opportunities, and the strengths or deficiencies of the service system.

SECTION VI

ASSUMPTIONS

In the development of this Three-Year Plan, the following issues were considered:

1. Funding currently received from the Alabama Department of Mental Health will be maintained at current levels or decreased.
2. Alabama Medicaid's Living at Home and Intellectual Disabilities Home & Community Based Waivers will continue to be available.
3. The Plan is an evolving document, which is subject to periodic revision based on new information.

SECTION VII

DESCRIPTION OF SERVICES AND POPULATION SERVED

The Madison County 310 Board in its Certificate of Incorporation outlines, under Section V. Programs and Services, programs the agency will implement and the purposes for which the agency was formed. The area of service is limited to Madison County with an estimated population of over 350,000 people, with the targeted population being all persons with intellectual disabilities, who meet the eligibility criteria for such services. In those cases where individuals and/or family members are not appropriate for existing DMH services every effort will be made to provide an appropriate referral. Specific areas of service are:

- Provide a single point of entry to all DMH funded services provided to people with intellectual disabilities. Conducts and assists families in arranging for various assessments required for eligibility determination.
- Case management provides services to targeted groups of individuals with a diagnosis of intellectual disabilities. Such services include needs assessment, case planning, service arrangement, social support, reassessment and follow-up, and monitoring. At the current time, only individuals receiving services through one of the Medicaid Waivers are provided with case management services as funded by DMH. Individuals who currently receive no services are assisted by the Single Point Coordinator as needed and able.
- Other Functions: Provide limited financial assistance to eligible individuals for specific items such as food, dental care, housing and clothing assistance.

SECTION VIII

DESCRIPTION OF THE PLANNING PROCESS

The Madison County 310 Board requests input into the planning process through letter and personal contact from individuals, family members or guardians, as well as from various agencies and school systems. Input into the planning process involves, but is not limited to, the following:

A needs assessment was sent in March 2015 by the Single Point Coordinator to all families who currently receive no services and are on the DMH Statewide Waiting List to assess their current and future needs. This survey was used to determine categories of need and demand for those needs.

METHODOLOGY

The method used in this plan consists of need assessment surveys, an agency planning meeting held on May 12, 2015 and data collected by the Single Point Coordinator and case managers.

MONITORING

A sample of consumer satisfaction surveys are conducted by case managers for those individuals currently receiving Waiver and Case Management services annually. The purpose of the survey is to evaluate the quality and effectiveness of case management services provided by this agency. All DMH providers are required to conduct their own consumer satisfaction surveys per DMH standards.

The plan is monitored through the use of consumer satisfaction surveys, waiting list data and case management reviews. The Board of Directors receives and reviews monthly reports regarding services needed and requested. The agency's annual budget is formulated to address the needs of the individuals in Madison County within financial constraints.

UNMET NEEDS

The greatest areas of unmet need in Madison County are (1) day services such as traditional day habilitation or job placement; (2) residential services such as assisted living, boarding and group homes; (3) in-home supports such as respite and home health care; (4) community supports such as recreation, support groups and transportation and (5) professional services such as attorney, dentist and psychiatrist.

See Exhibit 1-6

CURRENT AND FUTURE FUNDING RESOURCES

Madison County 310 Board currently receives funding from DMH for Case Management services and medical supplies from Waiver funding for individuals living at home. This agency receives some local funding from the Huntsville City Council and the Madison County Commission. Unfortunately, given the current economic climate, this agency expects level funding or cuts from all its funding sources. The Madison County 310 Board will make every attempt to maintain quality services and assist individuals as requested.

SECTION IX

WAITING LIST ASSESSMENT

Currently, the Madison County 310 Board maintains the waiting list for persons with intellectual disabilities to receive services in Madison County. This agency assists in placing individuals who are requesting services onto the State Waiting List.

Individuals completing their school program in special education average about **40** persons each year. This includes Madison County, Huntsville City and Madison City Schools. Of this number, it is estimated by trends from past years that about **30%**, or about **12** individuals, will seek services each year. An estimated **50** individuals may also need services as a result of changes in the family situation, moving into the geographic area, or health of aging parents.

There are also individuals who are currently in a school program that are requesting in-home services prior to graduation such as personal care and respite and medical supplies.

The following table illustrates projected needs for various services based on data obtained from the August 2015 DMH state waiting list for Madison County and estimates of growth. Totals are cumulative. The 310 agency has been extremely successful placing individuals from the State Waiting List so the number of persons waiting for services has slowed down in the last 3-5 years. This agency has increased the number of persons receiving Waiver service by more than 40 since the beginning of FY13. This does not include individuals who have discontinued services in the same timeframe.

Service Requested	Current need	2016	2017	2018
Day	140	150	160	165
Residential	84	100	110	125
Support services	71	85	95	110

It is the position of the Madison County 310 Board that all persons deserve equal opportunity to obtain services based on need and not eligibility for funding source. A significant increase in federal and state funding will be required in order to support the projected service needs for these individuals.

The Madison County 310 Board recognizes that many families and individuals have needs other than ID services that are not being met. Examples are dental and medical services, food, clothing and housing needs and recreational services. The Board has allocated funding each year for these unmet needs. For FY13 through FY15, Madison County 310 Board spent over \$100,000 on these needs. This agency puts together about 30-35 food boxes for Thanksgiving and Christmas for families in need each year. This

agency also puts gives holiday gift bags for all individuals receiving services from this agency. The case managers also coordinates sponsorships and purchases gifts for those in need during the holiday season.

SECTION X

PROJECTED SERVICE BASE AND COSTS

FY 2016 THROUGH FY 2018

Narrative: The current service base of all providers within Madison County should continue growth based on historical data. The projections contained within this segment of the plan are based on existing waiting list individuals' desires as well as community service provider capabilities, as well as those of Madison County 310 Board, in meeting the needs of the residents of Madison County. Whereas a considerable increase in federal and state money is needed to support these projections, it is felt that they are feasible. It will become the responsibility of consumers, family members, advocates, professionals, legislators, and current and future Administrations to ensure that no one with an intellectual disability in Alabama is left without services.

In addition to providing case management, this agency employs a full time dedicated Single Point Coordinator (SPC). Their role is to ensure an individual is placed on the DMH Statewide Waiting List if appropriate. The SPC provides ongoing support including information, referrals and local resources for individuals awaiting services as well as those who do not qualify for services from the DMH DD Division. The SPC also works with other state and local agencies to develop, maintain and improve services in Madison County as well as assist in crisis situations. The Madison County Waiting List at the beginning of FY16 has 160 individuals who currently receive no DMH Waiver Services.

This agency, at the direction of DMH, has ceased all sub contracts to provide conflict-free case management services for individuals who receive Medicaid Waiver services. This has severely limits this agency's ability to fund its operations at the current rate of reimbursement for each individual receiving case management services. Current rates do not promote retention of quality staff due to salary constraints.

An inflation factor of 5% is used for each period following FY16.

CASE MANAGEMENT: Within Madison County, approximately 330 individuals receive funded targeted case management at the beginning of FY16 through this agency.

Fiscal Year	FY 16	FY 17	FY 18
# CM Funded	330	340	350
Total Agency Costs	\$750,000	\$787,500	\$826,875
Increase		\$37,500	\$39,375
Rate Paid	\$47.52	\$47.52	\$47.52
Estimate CM revenue	\$564,537	\$581,650	\$598,750
Projected Loss	\$185,463	\$205,850	\$228,125

RESIDENTIAL SERVICES AND DAY SERVICES: All residential and day services are provided by entities that contract directly with the Department of Mental Health so there is no cost data provided.

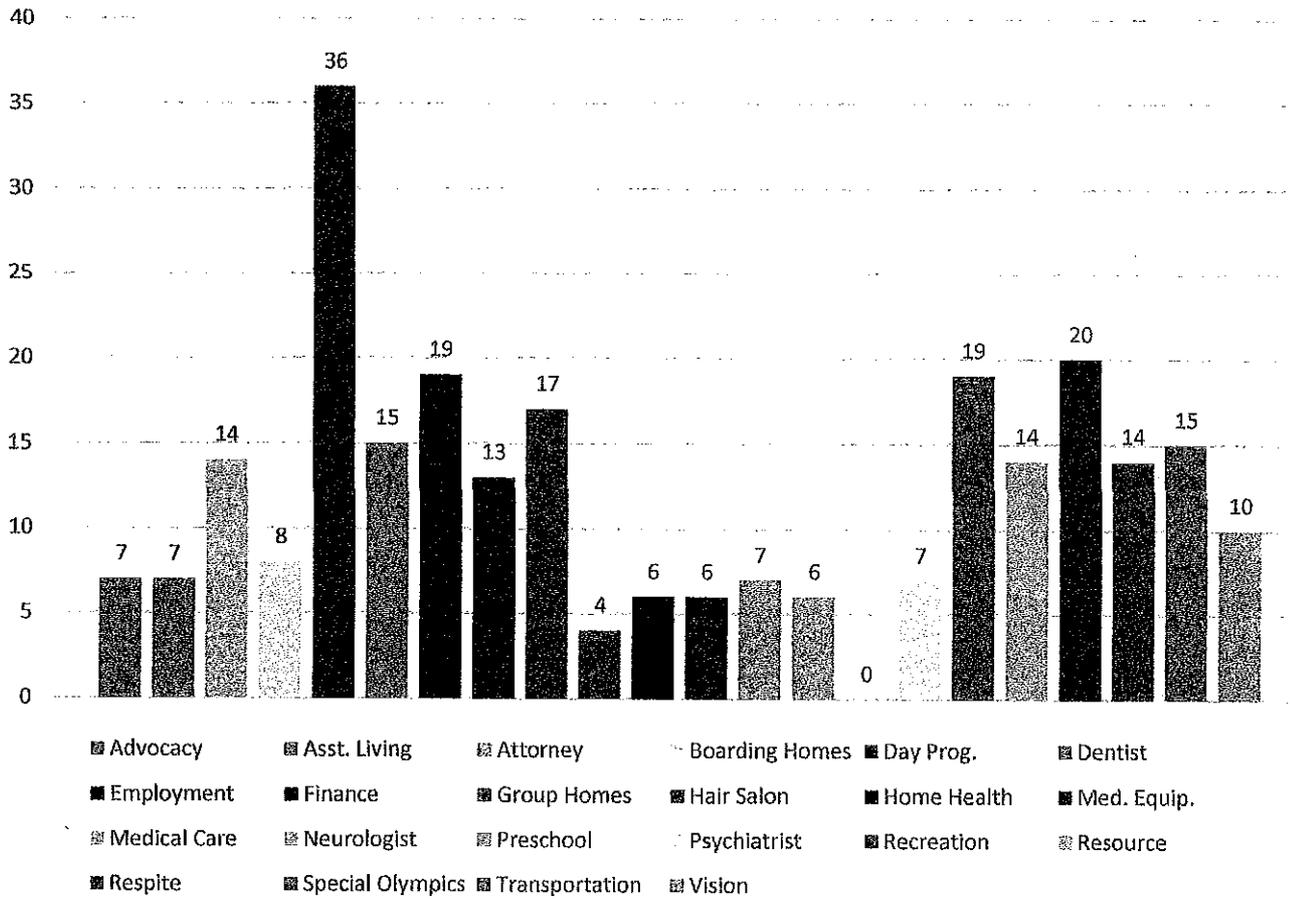
OCCUPATIONAL, PHYSICAL, AND SPEECH THERAPIES, IN-HOME RESPITE AND GROUP HOME RESPITE, AND PERSONAL CARE: These services are provided by entities that contract directly with the Department of Mental Health so there is no cost data provided. All these services are listed under support services in Section IX.

SPECIAL MEDICAL EQUIPMENT/SUPPLIES: Within Madison County, approximately 25 individuals who live at home currently receive medical supplies through this agency. This service is listed under support services in Section IX.

M/S	FY16	FY17	FY18
# Served	23	28	30
Cost	\$36,750	\$45,000	\$50,000
Increase		\$8,250	\$5,000
Rate	\$1800	\$1800	\$1800

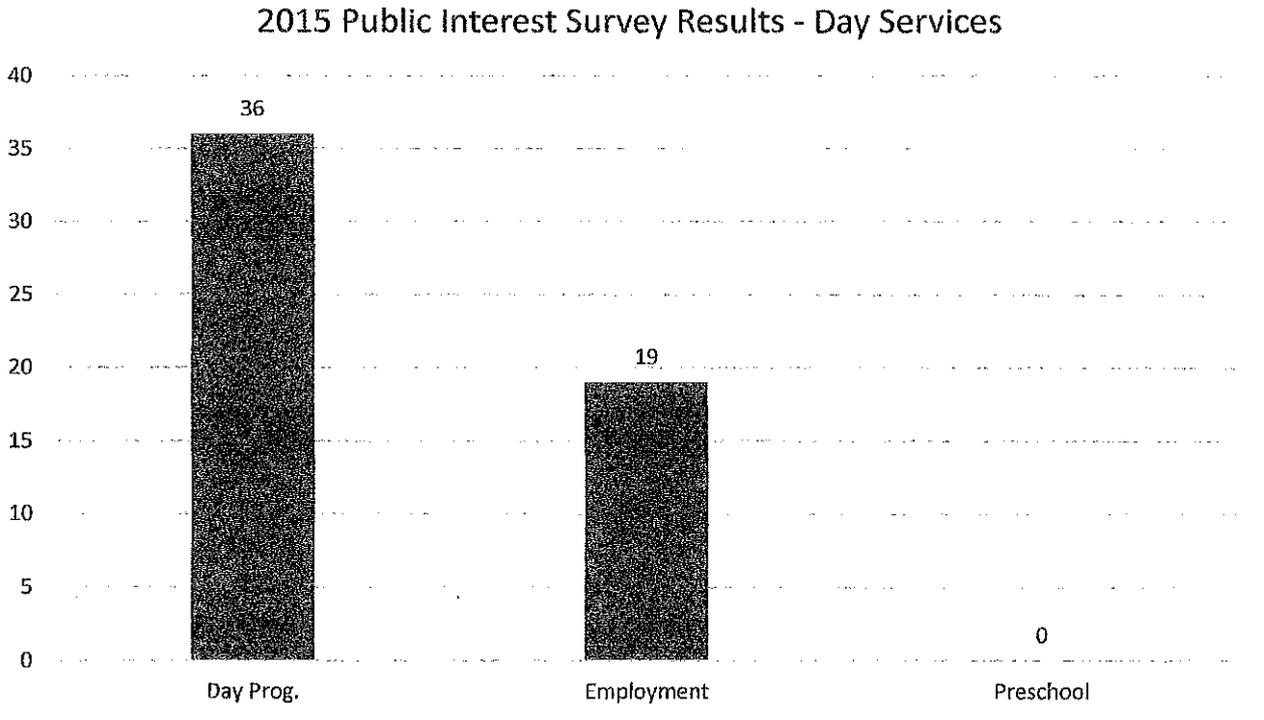
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2015 SURVEY SUMMARY



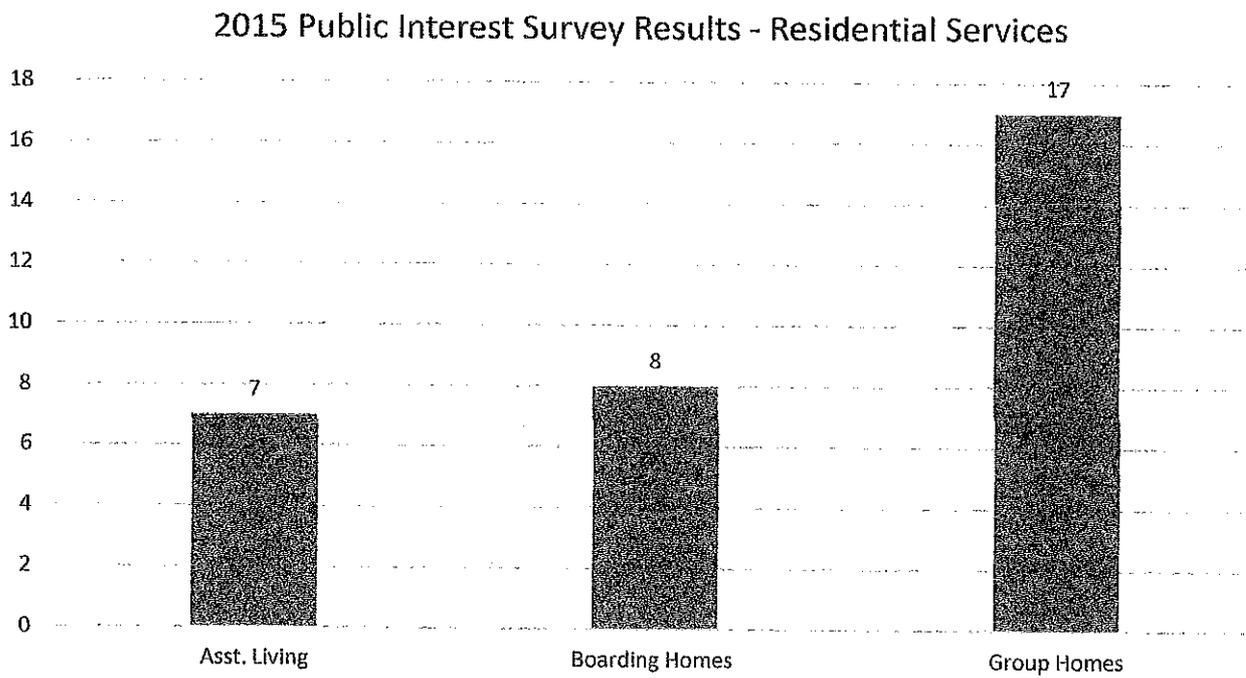
The Madison County 310 Board mailed a survey to everyone on its Receiving No Services Waiting List. 56 responses were received out of 152 sent out which results in a 37% response rate.

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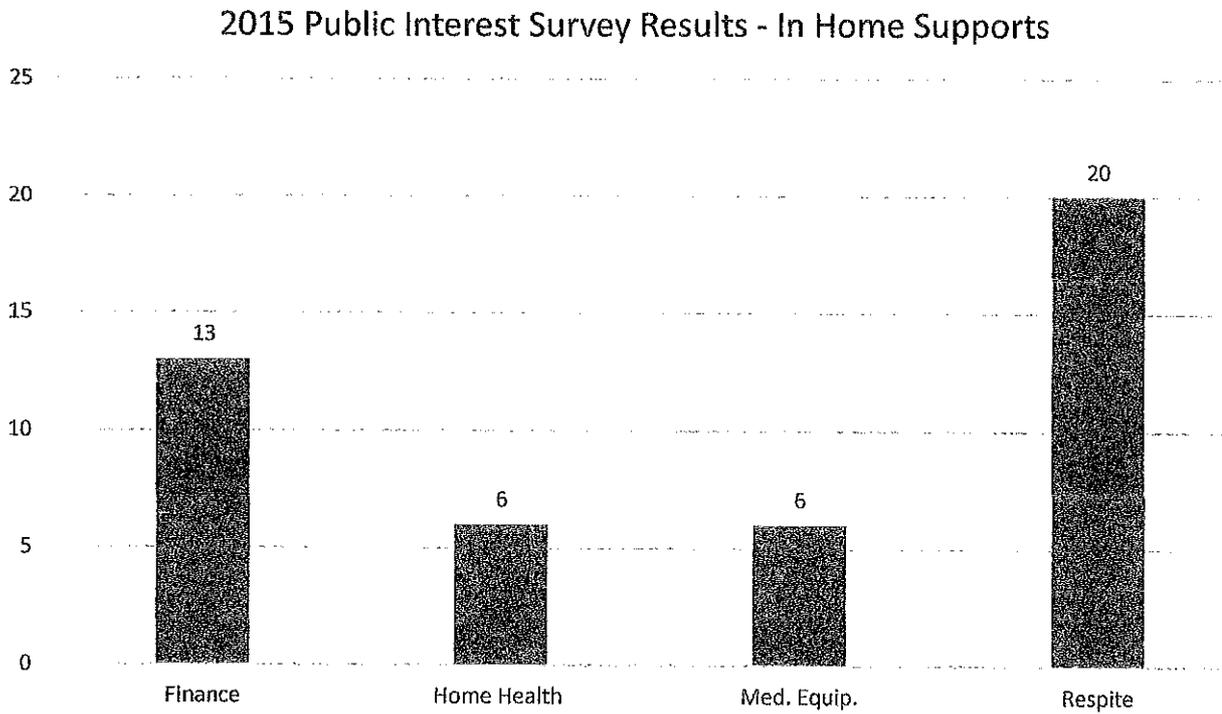
Out of the 56 responses, 64% indicated they were in need of traditional day services.

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Out of the 56 responses , 30% indicated they were in need of traditional residential services.

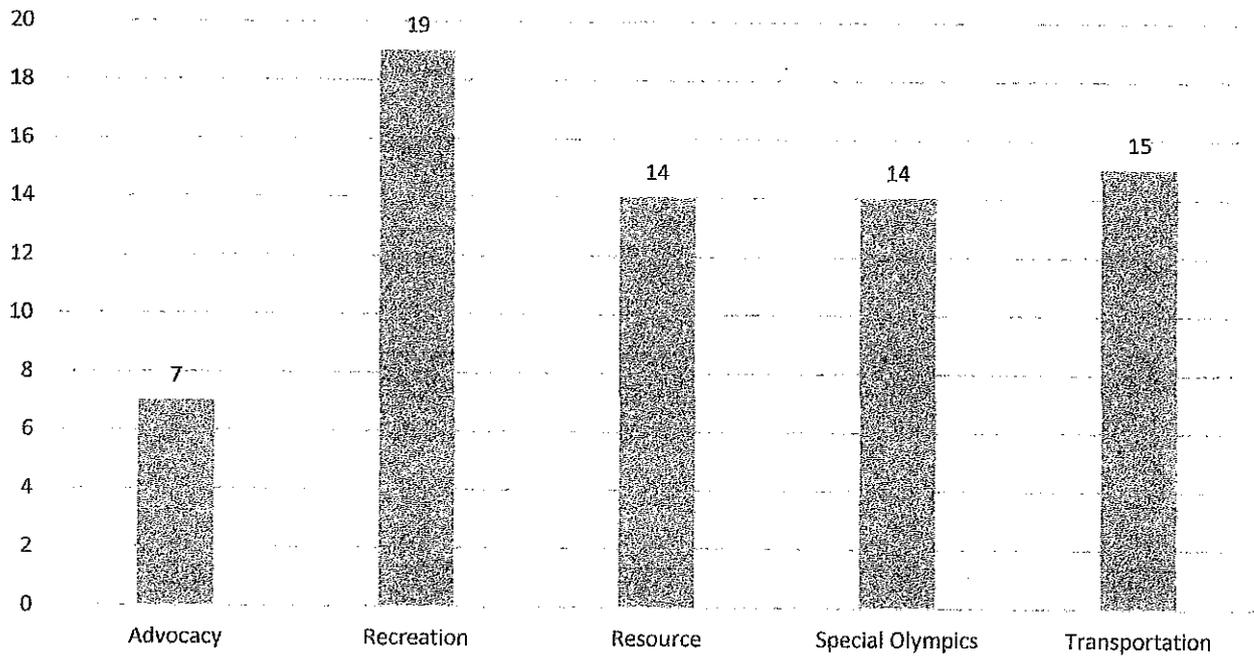
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Out of the 56 responses , 36% indicated they were in need of respite/personal care services.

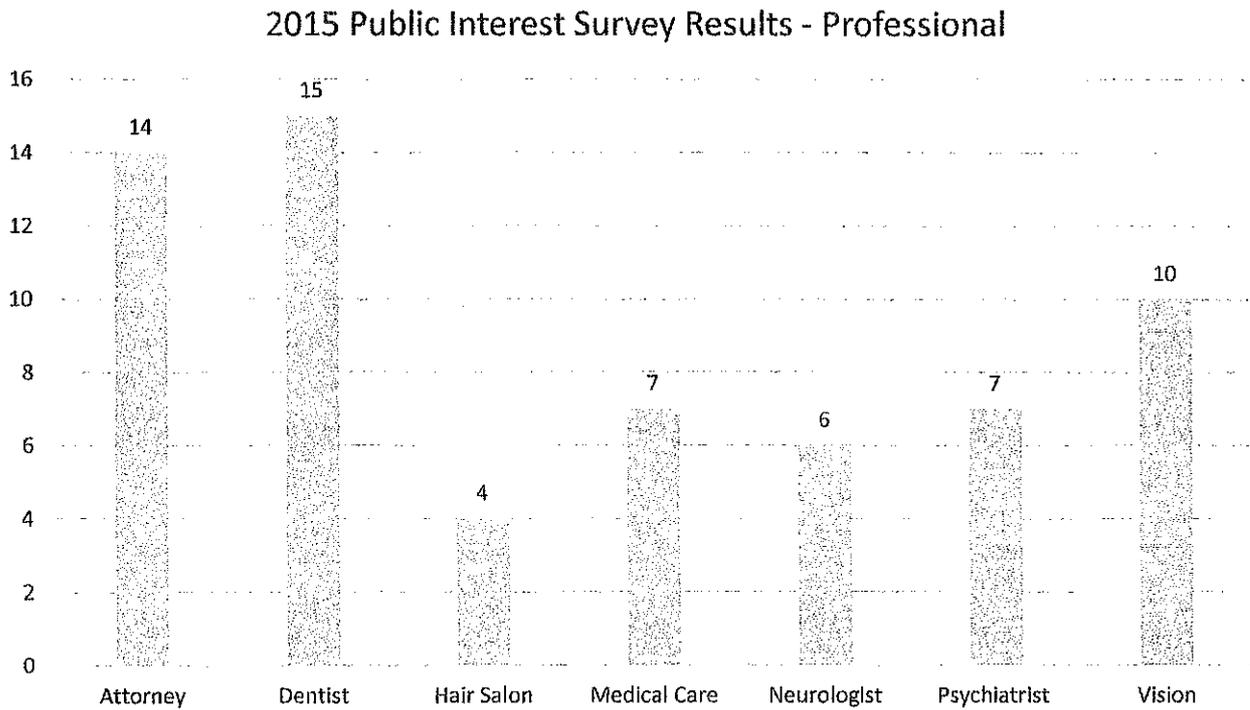
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2015 Public Interest Survey Results - Community Supports



Out of the 56 responses , 34% indicated they were in need of recreational opportunitites.

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Out of the 56 responses , 27% indicated they were in need of a dental service provider.

Out of the 56 responses , 25% indicated they were in need of an attorney.